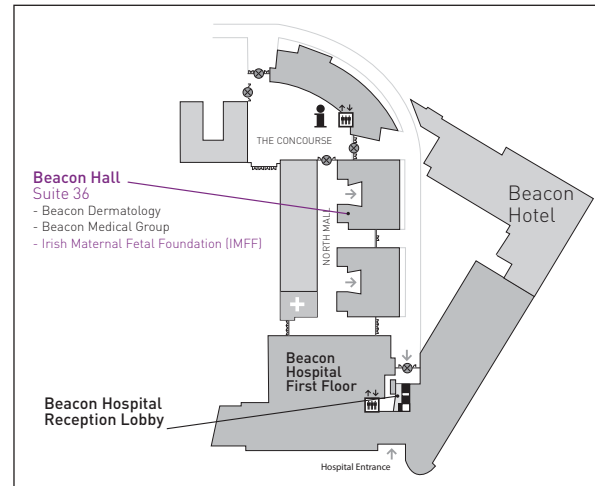


## Irish Maternal Fetal Foundation

Suite 36, Beacon Hall  
Beacon Court  
Sandyford  
Dublin 18

Tel: (01) 293 3984  
Web: [www.imff.ie](http://www.imff.ie)

Fax: (01) 293 3971  
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### From N11/ Leopardstown Race Course

- Drive the N11 Dual Carriage Way towards Greystones/Wexford
- Turn right onto Leopardstown Road
- Go past Leopardstown Racecourse entrance (on left)
- Take third exit on Leopardstown Roundabout onto Burton Hall Road
- Follow Burton Hall Road down to T Junction and turn left onto Blackthorn Road
- Follow road around and turn into Beacon Court underground car park at end of road on left.

### From M50

- Head to end of M50 Southbound and take exit for Sandyford/Dundrum
- Take 3rd turn off roundabout sign posted for Sandyford
- Follow road around to left until you come to a T-Junction and turn right
- Turn right onto Blackthorn Road which is the first road on the right (after Beacon Hotel)
- Immediate right turn into Beacon Court underground car park
- Follow signage to Irish Maternal Fetal Foundation (lift)

Parking is accessed off Blackthorn Road in a Pay & Display area in Beacon Court underground car park.

Please keep to your right when you come into the car park and park in the visitors car park which is located just to the right as you come in.



## Patient Information Amniocentesis



## Information about Amniocentesis

### What is amniocentesis?

Amniocentesis is a test in which a small amount of fluid (amniotic fluid) is collected from the pregnancy sac around the baby in the womb. This fluid contains cells from the baby's skin and bladder which can be grown in the laboratory to test for chromosomal problems, like Down syndrome, or DNA abnormalities, like cystic fibrosis.

### Who may be offered amniocentesis?

Amniocentesis is always voluntary and only you can decide if you should have this test. The information below may help you decide whether or not to have this test.

The most common reason to have an amniocentesis is for those worried about the chances that the baby may have a chromosomal problem, like Down syndrome. This might include:

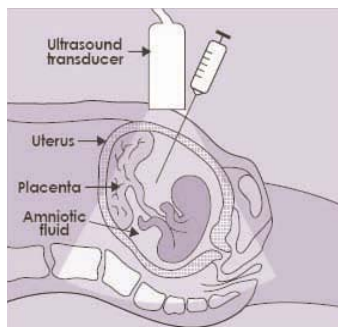
- Women with a First Trimester Screening (FTS) or Second Trimester Screening (STS) test suggesting an increased chance of having a baby with a problem
- Women who are anxious about the risk of problems, often because of their age
- Women who have had a previous pregnancy affected by a serious medical problem with the baby

### How is amniocentesis performed?

Amniocentesis is performed from 15 weeks onwards. Ultrasound is used to carefully direct a very fine needle through the mother's abdomen, into the womb, and then into the amniotic fluid space around the baby, as shown in the picture.

A small amount of this amniotic fluid is then removed. The needle does not touch the baby. The fetal heart rate is checked both before and after the test.

Local anaesthetic is not usually used as the needle is so thin.



### What preparation do I need before the test?

No special preparation is needed before the test. Your bladder does not need to be full. A scan is first performed to confirm the baby's size and the position of the placenta.

It is important to know what your blood group is before the test. If possible please ask your doctor or midwife to provide this information to you, or bring along your blood donor card. If you have a negative blood group you will also need to have a special injection of "anti-D" after the amniocentesis.

### What should I expect after the amniocentesis?

For the first couple of days after the procedure you may experience some abdominal cramping, like period pains. This is relatively common and in the vast majority of cases is of no importance. You may find it helpful to take painkillers like paracetamol.

If there is a lot of pain or bleeding or if you develop a temperature please seek medical advice immediately from your obstetrician or midwife or from the Irish Maternal Fetal Foundation.

### When can I expect my results?

The results for Down syndrome and other major chromosomal problems are usually available within 2 to 3 days. It can take up to 2 to 3 weeks if you request, or need, to have tests for other conditions or those that affect chromosomes other than 13, 18, 21, X or Y. We will call you with your results as soon as they are available. We will also send a copy to your obstetrician, GP, or midwife.

### What are the risks associated with the test?

The risk of miscarriage after amniocentesis is usually quoted as about 0.1% (1 chance in 1000) or less. If a miscarriage is going to occur, you will usually have symptoms within the first 2 to 3 days after the test.

It is important to remember that a normal amniocentesis does not guarantee a normal baby, as it cannot exclude all genetic or fetal abnormalities. It is recommended that you have a Fetal Anomaly Scan at 20 weeks to check for other abnormalities.

## Outcome of the pregnancy

Following the completion of the amniocentesis, you will be given an outcome form and we would be grateful if you would complete this and return it to us, when your pregnancy is finished. This information is important for us to keep track of how well our service is performing and for our continuing research in fetal medicine.

We may also need to contact you again, your GP or your hospital to obtain further details about your pregnancy and your baby's health. All such information will be treated as confidential and anonymous data may be used for our research.

If you prefer that we do not collect this information, please tick this box.

Once you have finished reading this form please sign and date below and return the form to the Irish Maternal Fetal Foundation.

- I have read the background information about amniocentesis, and I understand the risks of miscarriage ( one in 1,000 (0.1%))
- I understand that amniocentesis provides information on certain specific conditions, like Down syndrome, but that it cannot guarantee the birth of a completely normal baby

Name .....

Signature .....

Date .....

Doctor's Signature .....